

DAV Public School, Kailash Hills displayed an array of food items made of Millets in order to create awareness about the multitudinous advantages of Millets - based diet. The stalls were set up and sold out presenting a variety of Millets as well as the dishes made using such varieties as 'Millet Khichdi', 'Millet Curd Rice' etc.

The visitors gained an understanding of the nutritional importance of each Millet rich in calcium, iron, phosphorous & protein etc. Overall it was a good learning experience for all.

