

## **Syllabus for class - I**

### **Session 2019 -20**

#### **INTRODUCTION:**

This syllabus has tried to combine the thematic and the integrated approach. It will enhance the child's conceptual clarity and will also make the learning easier, faster and memorable. The theme has been chosen from E.V.S. and all the other subjects have been linked to the theme.

#### **APRIL-MAY**

**THEME** MYSELF

#### **LIFE SKILLS AND ACTIVITIES**

- Introduction of self, (name, age, birthday, names of family members, address, telephone number, name of school).
- Palm printing, foot printing, and thumb printing.
- Draw/stick picture of self in a photo frame.
- Draw and stick family picture. Write the names, date of birth, occupation etc. of all your family members.

#### **JULY**

**THEME** CLEANLINESS

#### **LIFE SKILLS AND ACTIVITIES**

- Practical skills related to hygiene of body and surroundings (polishing shoes, tying shoe laces, brushing teeth twice a day, cutting nails, combing hair, organizing school bags and wardrobe, use of dustbin, washing hands before and after eating, using handkerchief).
- Enactment or dramatization of different advertisements related to cleanliness.
- Skills related to personal cleanliness like washing hands, brushing teeth, wiping nose etc.
- Good touch & Bad touch

#### **AUGUST**

**THEME** FOOD

#### **LIFE SKILLS AND ACTIVITIES**

- Practical skills related to health and fitness (eat healthy food, avoid junk food,

table manners, use of napkin or table mats, use of spoon and fork, eat food without spilling, eat food with mouth closed).

- Salad making, fruit chat, bhelpoori, sandwich making, lemonade etc.
- Simple exercises like stretching of arms and legs and neck exercises.

## **SEPTEMBER**

**THEME** CLOTHING

### **LIFE SKILLS AND ACTIVITIES**

- Wearing neat clothes, and uniform, folding clothes, buttoning and unbuttoning of shirts, polishing shoes, tying shoe laces, organizing wardrobe independently.

## **OCTOBER**

**THEME** MY FAMILY & MY HOME

### **LIFE SKILLS AND ACTIVITIES**

- Find out the type of house you live in.
- Description of family members.
- Type of family you live in, number of members in your family, age of members, number of rooms in your house etc.
- Make a family tree and paste pictures of family members.
- Celebration of Elder's Day-card making, poem recitation based on the theme.

## **NOVEMBER**

**THEME** FAIRS & FESTIVALS

### **LIFE SKILLS AND ACTIVITIES**

- Know your National and Religious festivals.
- Importance of festivals, developing respect and love for each other's festival and religion.
- Importance of National Integration, respect each other's religion, culture, food habits etc.
- Celebration of National and Religious festivals (Flag making, diya making).

## **DECEMBER**

**THEME**                      **PLANTS**

### **LIFE SKILLS AND ACTIVITIES**

- Practical skills related to keeping surroundings beautiful with plants.
- Outdoor activities for identification of different types of plants, germination of seeds, planting a sapling, watering the plants.
- Collage work-things we get from plants and trees.

## **JANUARY**

**THEME**                      **ANIMALS**

### **LIFE SKILLS AND ACTIVITIES**

- Identification of pet, domestic and wild animals.
- Mask making of different animals.
- Collage work of endangered species.
- To develop love and sympathy towards animals.
- Avoid products made by killing animals.
- Dramatization of a story on animals.
- Collage work- Stick pictures of pet, domestic and wild animals.
- Visit to the zoo.

## **FEBRUARY**

**THEME**                      **WATER**

### **LIFE SKILLS AND ACTIVITIES**

- Importance and uses of water.
- Conservation of water. Watering the plants in school with left over water in their bottles.
- Keeping a pot of water outside for the birds in summer.
- Class presentation on save water.

## **Books Prescribed**

My English Reader 1

English Practice Book 1

भाषा माधुरी १

भाषा अभ्यास १

## **Primary Mathematics 1**

## **My Living World 1**

धर्म शिक्षा (भाग १)

## **English**

### **April & May**

Lessons:

- 1) The Pets
- 2) Kitty- The Naughty Cat
- 3) A Funny Funny Zoo
- 4) Neha in a Jeep ('ee' sound)
- 5) The Big Bell ('ll'sound)

Exercises:

New words, frame sentences, name the picture and answer in one word, dictation, reading practice and rhyming words.

English practice book:

Pg. 1 - 14

Grammar:

use of in, on, under, this/that

Writing Skills:

Picture composition and Sentence construction.

Speaking Skill:

Story telling.

### **July**

Lessons:

- 1)The Hot Spoon ('oo' sound)
- 2) A Shop in the Ship('sh' sound)
- 3) Chintu and the Chicks ('ch' sound)
- 4) Poem of choice.

Exercises :

Answer in one word, choose the correct one, fill in the

blanks, new words, frame sentences, name the pictures, dictation, reading practice and rhyming words.

English Practice book:

Pg. 15 -23

Grammar:

Punctuation.

Writing Skills:

Picture composition and Sentence construction.

Speaking Skill:

Story telling.

### **August**

Lesson:

The Thief and the Thorn ('th' sound)

Poem:

One Thing at a Time

Exercises:

Answer in one word, cross(x) out the wrong word, fill in the blanks, new words, frame sentences, name the pictures, dictation, reading practice.

English Practice book:

Pg. 24-27

Grammar:

use of he, she, it and opposites

Writing Skills:

Creative writing, Sentence construction.

Speaking Skill:

Story telling.

### **September**

Lessons:

1) The Puss in the Class ('ss' sound)

2) Vicky and Nicky ('ck' sound)

3) The King's Ring ('ng' sound)

Poem:

My Mummy

Exercises:

Answer in one word, cross(x) out the wrong word, fill in the blanks, new words, frame sentences, name the pictures, rhyming words, dictation and reading practice.

English practice book:

Pg. 28-35

Writing Skills:

Creative writing and Sentence construction.

Speaking Skill:

Story telling.

## **October**

Lessons:	1) Anil and Geeta 2) Out of the Cage
Poem:	Tiny Ball
Exercises:	Answer in one word, cross(x) out the wrong word, fill in the blanks, new words, frame sentences, name the pictures, rhyming words, dictation, reading practice.
English practice book:	Pg. 36-45
Grammar:	One many, Opposites, Is/are
Writing Skills:	Creative writing and Sentence construction.
Speaking Skill:	Story telling.

## **November**

Lesson:	1) Clever Chicks
Exercises :	Answer in one word, cross(x) out the wrong word, fill in the blanks, new words, frame sentences, name the pictures, rhyming words, dictation and reading practice.
English Practice book:	Pg. 46 - 48
Grammar:	This to these, That to those.
Writing Skills:	Creative writing and Sentence construction.
Speaking Skill:	Story telling.

## **December**

Lessons:	1) Tommy - The Pet
Exercises:	Answer in one word, tick (✓) the correct one, Fill in the blanks, new words, frame sentences, dictation, reading practice.
Grammar:	has/have, his, her, my, your
English Practice book:	Pg. 49 –53
Writing Skills:	Creative writing and Sentence construction.
Speaking Skill:	Story telling.

## **January**

Lesson:	1) A Picnic 2) Raju's Bunny 3) Kitty's Birthday
Exercises:	Answer in one word; Tick (✓) the correct one; fill in the blanks, new words, frame sentences, dictation and reading practice.
Grammar:	Concept of 'what' and describing words.
English practice book:	Pg. 54 - 67.
Writing Skills:	Creative writing and Sentence construction
Speaking Skill:	Story telling.

## **February**

Lessons:	1) The Ants 2) The Greedy Monkey 3) Golu's Shop 4) Neha in the Forest
Exercises:	Answer in one word, Tick (✓) the correct one, fill in the blanks, new words, frame sentences, dictation and reading practice.
Grammar:	Action words, Past tense, Use of a and an
English Practice book:	Pg. 68 -79.
Writing Skills:	Creative writing, Sentence construction and Picture composition.
Speaking Skill:	Story telling

## **E.V.S**

### **April**

- Lessons:
- 1) More about me
  - 2) This is how I look
  - 3) Look at your body parts
  - 4) Let us test our sense organs

Exercises: Draw the pictures, fill in the blanks, name the pictures, match the following, Yes/No.

### **May**

- Lesson:
- 1) Keeping clean

Exercises: Draw the pictures, fill in the blanks, name the pictures, match the following, Yes/No.

### **August**

- Lesson:
- 1) Keeping healthy

Exercises: Draw the pictures, fill in the blanks, name the pictures, and match the following, Yes/No.

### **September**

- Lesson:
- 1) Clothing
  - 2) A house is a must

Exercises: Draw the pictures, fill in the blanks, name the pictures, and match the following, Yes/No.

### **October**

- Lessons:
- 1) Who are they?
  - 2) We are a happy family.

Exercises: Draw the pictures, fill in the blanks, name the pictures, and match the following, Yes/No.

### **November**

- Lessons:
- 1) Fairs and Festivals



Exercises: Draw the pictures, fill in the blanks, name the pictures, and match the following, Yes/No.

### **December**

Lesson: 1) Plants

Exercises: Draw the pictures, fill in the blanks, name the pictures, and match the following, Yes/No.

### **January**

Lesson 1) Know your Surroundings

2) The Animal kingdom

3) Water

Exercises: Draw the pictures, fill in the blanks, name the pictures, and match the following, Yes/No.

### **February**

Lesson: 1) Important places

2) Let us meet them

Exercise Draw the pictures, fill in the blanks, Name the pictures, and match the following, Yes/No.

Suggestions: Please talk to your child about his immediate environment.  
Encourage him/her to watch informative programmes on  
T.V. Also help them to collect material/ information on any  
given topic in the book (as & when required).

## **Maths**

### **April and May**

Number names (1-20), Concept of big, small and same size  
Long, Short and Same length

Tall, Short and Same height

More, Less and Same quantity

More, Few and Same quantity

Thick, Thin and Same thickness

	Far, Near/ Before, After and Between. Revision - Counting (1-20).
<b>July</b>	Missing numbers, Place value, counting (21-50), Ascending/Descending order (0-50), Ones, Tens Place Value- Abacus
<b>August</b>	Greater than/Less than/equal to, Ordinal numbers (1-10), Days of the week.
<b>September</b>	Shapes, Number names (21-50). Addition, Subtraction on number line (single-digit).
<b>October</b>	Counting (51-100), Number names (51-100), Before/After/Between and Place value
<b>November</b>	Number names (61-90), Ascending/Descending order, counting (1-100), Greater than/Less/Equal to, Missing numbers.
<b>December</b>	Number names (91-100), Counting (1-100), Addition and Subtraction on number line, addition and subtraction of 2 digit numbers
<b>January</b>	Weight, Length, Capacity, Time.
<b>February</b>	Money, Addition, Subtraction.

## हिंदी

**अप्रैल**

**कविता**

राजा बेटा कंठस्थ करो |

**अमन**

आ( 'ा' ) मात्रा

**पाठ:**

समझदार अजय

**अभ्यास:**

समझ कर पूरा करो; कठिन शब्द , मात्रा लगाओ, चित्रों के नाम, खाली  
स्थान भरो , प्रश्न- उत्तर (मौखिक) , श्रुतलेख, समान लय वाले शब्द

**भाषाअभ्यास:**

पृष्ठ - १ से १०

<b>मई</b>	( ' ि ' ) मात्रा
पाठ:	रविवार का दिन
अभ्यास:	समझ कर पूरा करो, ( ' ि ' ) मात्रा लगाओ, चित्रों के नाम , समान लय वाले शब्द , खाली स्थान भरो, प्रश्न- उत्तर (मौखिक), श्रुतलेख
भाषा अभ्यास:	पृष्ठ - ११ से १७
<b>जुलाई:-</b>	ई ( ' ी ' ) मात्रा
पाठ:	दीपावली आई
अभ्यास:	समझ कर पूरा करो, प्रश्न - उत्तर(मौखिक),समान लय वाले शब्द, खाली स्थान भरो, चित्रों के नाम, श्रुतलेख,
भाषा अभ्यास:	पृष्ठ -१६ से १९
<b>अगस्त</b>	उ ( ' ु ' ) मात्रा
पाठ:	गुड़िया की शादी,
कविता:	शाम हुई (मौखिक)
अभ्यास: (मौखिक),	समझ कर पूरा करो, कठिन शब्द, उ ( ु ) मात्रा लगाओ, प्रश्न-उत्तर चित्रों के नाम, खाली स्थान भरो, श्रुतलेख, समान लय वाले शब्द
व्याकरण;:	७ फलों के नाम , ७ रंगों के नाम , लिंग बदलो
भाषाअभ्यास:	पृष्ठ - २०से २४
<b>सितम्बर</b>	
	ऊ ( ' ू ' ) मात्रा
पाठ:	जादूगर का जादू
अभ्यास:	कठिन शब्द, समझ कर पूरा करो, ऊ ( ू ) मात्रा लगाओ, चित्रों के नाम, प्रश्न - उत्तर(मौखिक), समान लय वाले शब्द, खाली स्थान भरो , श्रुतलेख
भाषा अभ्यास:	पृष्ठ - २७ से ३१
<b>अक्टूबर</b>	
	ए ( ' े ' ) मात्रा

पाठ:	मेला
कविता	परियों की रानी, मनपसंद कविता
अभ्यास:	कठिन शब्द, समझ कर पूरा करो, ए ( े ) मात्रा लगाओ, चित्रों के नाम, प्रश्न-उत्तर(मौखिक),समान लय वाले शब्द , खाली स्थान भरो, श्रुतलेख
भाषाअभ्यास:	३२ से ३६
नवम्बर	
	ऐ( ै ' ) मात्रा
पाठ:	शैला की मैना
अभ्यास:	कठिन शब्द, समझ कर पूरा करो, ऐ ( ै ) मात्रा लगाओ, प्रश्न-उत्तर (मौखिक), समान लय वाले शब्द , खालीस्थानभरो, चित्रोंकेनाम, श्रुतलेख
व्याकरण:	एक-अनेक
भाषा अभ्यास:	पृष्ठ – ३७ से ४०
दिसम्बर	
	ओं ( ो ' ) मात्रा,ओं ( ौ ' ) मात्रा
पाठ	१) होली का दिन, २) कौशल की सालगिरह,
अभ्यास:	कठिन शब्द, समझ कर पूरा करो, मात्रा लगाओ, प्रश्न- उत्तर (मौखिक),समान लय वाले शब्द ,खाली स्थान भरो, हाँ / नहीं, चित्रों के नाम, वाक्य बनाओ, श्रुतलेख
भाषा अभ्यास:	पृष्ठ – ४१ से ४८
जनवरी	
	(अं ' ं ' ) मात्रा ,ओं ( ँ ' ) मात्रा
पाठ:	१)संजय की पतंग २)टँगेवाले की मूँछें
कविता:	नन्ही चिड़िया(मौखिक)
अभ्यास:	कठिन शब्द, समझ कर पूरा करो, हाँ/ नहीं,चित्रों के नाम, मिलान करो, समान लय वाले शब्द, प्रश्न –उत्तर(मौखिक),खाली स्थान भरो,श्रुतलेख
भाषा अभ्यास:	पृष्ठ- ४९ से ५४

## फरवरी

पाठ:

- १) अच्छी परी,
- २) मस्त कलंदर
- ३) योगशाला

कविता:

गुब्बारेवाला ( मौखिक)

अभ्यास:

कठिन शब्द, एक शब्द में उतर दो, सही शब्द चुन कर(✓ ) निशान लगाओ, हाँ/नहीं, समान लय वाले शब्द

व्याकरण:

समान अर्थ के शब्द , विपरीत शब्द, किसी विषय पर वाक्य लिखो, वाक्य के लिए एक शब्द लिखो |

भाषा अभ्यास :

पृष्ठ -५५ से ६६

## Music

### April-May

1. Gayatri mantra
2. National Anthem

### July-August

1. Guru mantra
2. Community Song

### September-October

- Prayer
- Devotional Song

### November-December

- Practice of Swara
- Patriotic Song

### January-February

- Practice of Swara
- Folk Song

### March

Revision

## वेदपाठ (मौखिक)

अप्रैल –सितम्बर:	पाठ१ -१०
अक्टूबर –दिसम्बर:	पाठ११ – २०
जनवरी –मार्च:	पाठ२१- ३०

## Art& Craft

<b>April –May:</b>	Draw things using different shapes (Step by Step pg -1-11) Primary Colours
<b>July:</b>	Fruits and Vegetables, Rainy Day ,Step by step pg—12-17
<b>August:</b>	Nature drawing –Save Trees, drawing of National Flag,&National Symbol (Step by Step pg18-25).
<b>September:</b>	Teacher’s day.Pot drawing, Step by step pg -18-25
<b>October:</b>	Festival drawing – Diwali scene, Dussehera scene (Step by Step pg-28-33)
<b>November:</b>	Any means of transport, My Family (Step by Step pg 34-36.
<b>December:</b>	Craft work with paper folding, any game. (Step by Step pg 37-40
<b>January:</b>	Water animals, Savewater Poster, Republic Day, (Step by Step pg. 37-40).
<b>February:</b>	Revision (Craft work)

## Physical Education

### 1<sup>st</sup> Term

- Backward Walking
- Tyre rolling
- Sack / Spoon Race
- Tossing of Ball

### 2<sup>nd</sup> Term

- Indoor Games

- Free Movement
- Target Throwing
- Races

### **3<sup>rd</sup> Term**

- Simple Aerobic Exercises
- Yoga
- Group Games
- Relay Race

## **General Knowledge**

### **1<sup>st</sup> Term**

#### **Topics:**

- Self
- Family
- School
- Surroundings

### **2<sup>nd</sup> Term**

- City
- Country
- Seasons,

### **3<sup>rd</sup> Term**

- Simple Information about the World, Current Affairs, General Topics.